

PERSONAL CHALLENGE

My Personal Values

1. Read through the list of commonly held values below and put a check next to those that are important to you.
2. Now, review those you've checked off and circle the top 5 most important values.
3. Finally, put a star next to the value you've circled that is most important to you and write it in the box below.

Acceptance	Discipline	Innovation	Risk -taking
Accountability	Diversity	Integrity	Safety
Achievement	Efficiency	Job security	Security
Adaptability	Equality	Justice	Self-discipline
Ambition	Excellence	Kindness	Self-expression
Authenticity	Exploration	Leadership	Self-respect
Autonomy	Fairness	Learning	Simplicity
Balance	Faith	Legacy	Spirituality
Being the best	Family	Leisure	Spontaneity
Belonging	Financial stability	Loyalty	Sportsmanship
Candor	Flexibility	Making a difference	Stability
Career	Fortitude	Openness	Stewardship
Caring	Freedom	Optimism	Success
Cleanliness	Generosity	Order	Teamwork
Collaboration	Genius	Patience	Tradition
Comfort	Giving back	Patriotism	Transparency
Commitment	Gratitude	Peace	Travel
Community	Growth	Perseverance	Trust
Compassion	Harmony	Persistence	Truth
Competence	Health	Personal fulfillment	Understanding
Confidence	Home	Power	Uniqueness
Connection	Honesty	Pride	Usefulness
Contentment	Honor	Purpose	Vision
Contribution	Humility	Recognition	Vulnerability
Cooperation	Inclusion	Reliability	Wealth
Courage	Independence	Resourcefulness	Well-being
Creativity	Individuality	Respectfulness	Wholeheartedness
Curiosity	Initiative	Responsibility	Wisdom

Write your top value here



My Top Value: