



Write your team mates' names in their conflict style boxes below:

## COMPETING COLLABORATIVE aggressive believes conflict is natural seeks opinions of all parties COMPROMISING would like all parties to meet in the middle AVOIDING ACCOMMODATING avoids the issue willingly gives up position

Looking at the unique mix of conflict styles above, what is something your team should probably watch out for when conflict arises? *Imbalances, potential pitfalls, blind spots, etc.* 

With this new awareness, what is one thing your team can do going forward to correct those potential imbalances, avoid those pitfalls, etc.?

Now that you know your own preferred Conflict Style, what is something you can do differently now to approach conflict with your team mates, co-workers and family members in a more balanced way?