

# WHAT IS YOUR SUPERPOWER?

## PERSONAL CHALLENGE

### What's Your Personal Superpower?

Everyone has one. It's that thing you're so naturally good at you can do it in your sleep. It comes so easily to you that you're surprised anyone else would be impressed at your ability to do it so well. Do you already know what it is? Answer the questions below to help you discover or confirm your Personal Superpower.

*Identifying your superpower or natural talent can help you focus on your strengths and find ways to use them effectively.*

1 What do people ask you to help them with most often—at home or at work—because they know you're really good at it, and you're happy to take on the challenge?

1

2 What would you be so happy doing you wouldn't even care if you were getting paid to do it?

2

What do you like about doing this activity?

3 What can you do or work on for long periods of time without getting tired or fatigued?

3

What talent or skill is used for this activity?

4 Reverse engineer it. What do you have to do that exhausts you or drains your energy?

4

What would be the opposite of that?

*Write the answer that came up most often here*

**Your Personal Superpower:**

### Your Personal Superpower Symbol










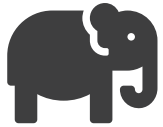















Choose an icon on the next page or make up your own that best represents your superpower.

Understanding what energizes you can help you find ways to stay motivated and engaged in your work.

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### Personal Superpower Symbols

|  |   |  |  |  |
|--|---|--|--|--|
|  <p>Math</p>                  |  <p>Time Management</p>          |  <p>Task Completion</p>       |  <p>Long-term Vision</p>      |  <p>Organization</p>        |
|  <p>Strategy</p>              |  <p>Verbal Communication</p>     |  <p>Technology</p>            |  <p>Listening</p>             |  <p>Excellent Memory</p>    |
|  <p>Finding Information</p> |  <p>Building Relationships</p> |  <p>Public Speaking</p>     |  <p>problem solving</p>     |  <p>Knowledge Sharing</p> |
|  <p>Managing Finances</p>   |  <p>Written Communication</p>  |  <p>Closing the Loop</p>    |  <p>Follow up</p>           |  <p>Precision</p>         |
|  <p>Speed</p>               |  <p>Repairs / Fixes</p>        |  <p>Teaching / Training</p> |  <p>Attention to Detail</p> |  <p>Helping Others</p>    |