

This Week is About

looking back to what we've learned together during the past year and setting our intentions for how we want to move forward from here.

Why it Matters

Making a conscious decision to put what you've learned into practice and set your intentions for how you move forward and where you want to be a year from now has a tremendous impact on your day-to-day outcomes and your personal and professional success over time.

During Your Team Meeting

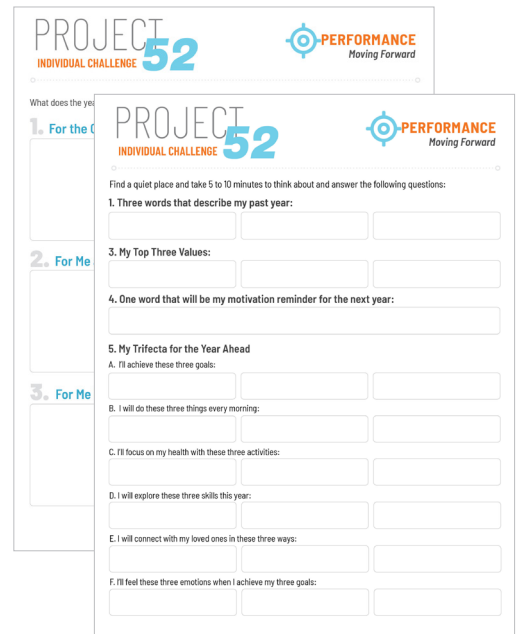
**Remind everyone to bring their completed Going Forward Worksheet.....* 

STEP 1. Get the discussion started

- ? What was your favorite topic in Project 52 this year? What has made the biggest difference for you?
- ? Would anyone like to share one or more of the goals you wrote down on your Going Forward worksheet?

STEP 2. Going forward as a team

- ? Out of all the lessons, which ones do you think were most impactful for our team?
- ? How did we benefit from regularly focusing on our development?
- ? How have we changed as a team?
- ? Is this something you would like to continue doing?
- ? How might we do that? How do we keep the momentum going?



PROJECT 52 INDIVIDUAL CHALLENGE **PERFORMANCE Moving Forward**

What does the year mean to you?

1. For the Team

2. For Me

3. For Myself

Find a quiet place and take 5 to 10 minutes to think about and answer the following questions:

1. Three words that describe my past year:

2. My Top Three Values:

3. One word that will be my motivation reminder for the next year:

4. My Trifecta for the Year Ahead

A. I'll achieve these three goals:

B. I will do these three things every morning:

C. I'll focus on my health with these three activities:

D. I will explore these three skills this year:

E. I will connect with my loved ones in these three ways:

F. I'll feel these three emotions when I achieve my three goals: