

# LEARNING STYLES



## TEAM MEETING GUIDE

### This Week is About...

identifying how people learn differently so we can deliver information and instruction in a way that is fully understood by the other person.

### Why it Matters

Everyone processes information differently. Knowing the learning styles of the people on your team can help you deliver information to them in a way they can understand. Incorporating all three styles when presenting to a group ensures your message hits the mark with everyone, every time.

### During Your Team Meeting

\*Have copies of the Learning Styles job aid cards for the meeting 👉

#### Before the meeting:

Choose two or more of the topics people said they wanted to learn in last week's meeting to use in step 3 below.

Topic: \_\_\_\_\_

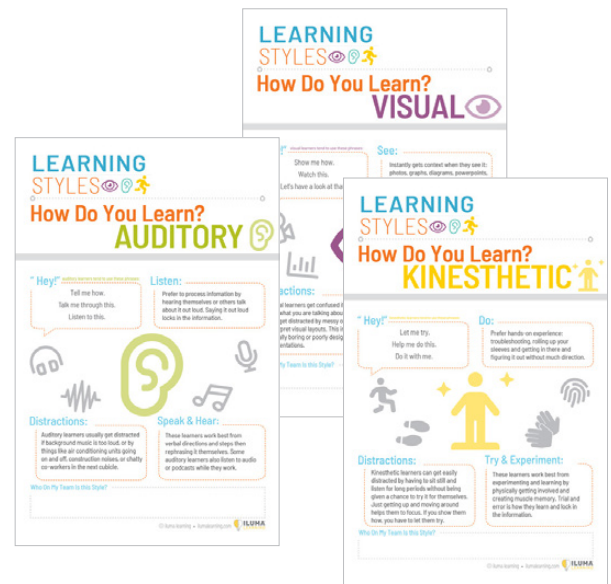
Topic: \_\_\_\_\_

#### STEP 1. Get the conversation started

- ? Did any of you learn why it is sometimes easier, or sometimes more difficult, for you to learn something new? (ie - if someone needs to see a demo of the procedure and they are just receiving a verbal explanation)
- ? Now that you know, are you comfortable stopping someone and asking them to give you information in a way that fits your style?

#### STEP 2. Put it into practice

1. Draw an ear, an eyeball and a hand on a whiteboard or piece of paper (or V, A & K) in columns.
2. Have everyone share their style and write their names in the corresponding columns.
3. Give them the first topic you chose above from last week's meeting and have the whole team discuss:
  - ? If we were going to teach this to a visual learner, how would we teach it and what resources would we use?
  - ? How would we teach it differently to an auditory learner?
  - ? And how would we teach it to a kinesthetic learner to make sure they understand it?



### Session Wrap-up Prompts

- How can we combine all three styles when we are trying to explain something to a customer?
- End the session by encouraging the people on your team to speak up when someone is giving them information in a way that doesn't work with their learning style.