

### This Week is About...

identifying and getting clear on our personal values so we can better align our actions with our true core as well as the shared values of our team.

### Why it Matters

Many of us unconsciously operate every day on an inherited set of values that we haven't stopped to consider for years, or even decades.

Taking a moment to identify and examine our values so we can reconfirm our commitment to them helps us move forward with more clarity, purpose and intention.

### During Your Team Meeting

\*Remind everyone to bring their completed My Values worksheet..... 

#### STEP 1. Get the discussion going

- ? This week is about knowing our values. So, what's each person's top value on this team?
- ? What do you think are some of the values of our company as a whole?

#### STEP 2. Share your values

Have your team get out their completed My Values worksheet and ask them to go around and share their top value.

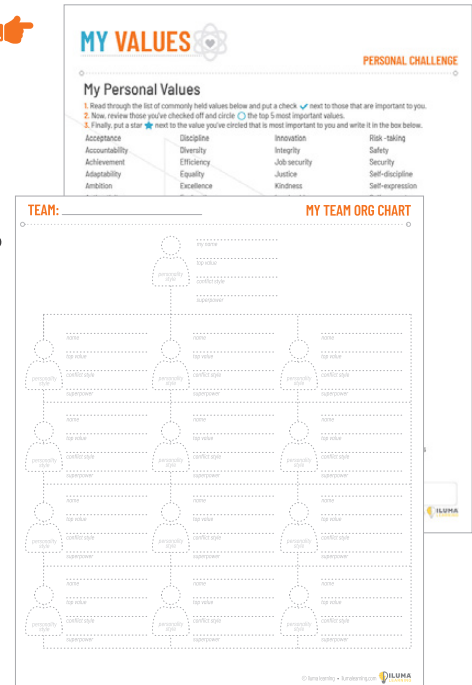
 As they share, write each person's top value in the spaces provided on your Team Org Chart.

#### STEP 3. Ask some questions that go a bit deeper

- ? Tell us when you get to live out this value while you are working.
- ? What are some behaviors you observe in other people that are in conflict with your values? (ie if excellence is my value, when others do substandard work I feel angry and disappointed.)
- ? When you have a tough decision, how is this value like a compass for you?
- ? How do all our values work together well on our team to move us toward our big goals?

Give your team as much time as you can allow for them to share and discuss. Keep the conversation supportive and positive, redirecting focus back to the core topic when needed.

Wrap up by thanking them for sharing and discussing their values.



The image shows two worksheets. The top one is titled 'MY VALUES' and 'PERSONAL CHALLENGE'. It includes a section for 'My Personal Values' with a list of 16 values: Acceptance, Accountability, Achievement, Adaptability, Ambition, Discipline, Diversity, Efficiency, Equality, Excellence, Innovation, Integrity, Job security, Justice, Kindness, Risk-taking, Safety, Security, Self-discipline, and Self-expression. Below this is a 'TEAM:' section with a 'MY TEAM ORG CHART' template. The org chart is a grid of 10 columns and 4 rows, with a 'TEAM LEADER' box at the top left. Each cell in the grid contains a small person icon and a space for writing a name and a top value.