

This Week is About...

learning about the 4 Personality Styles, and how our styles influence the way we work and the specific information we need to move forward with a project or task.

Why it Matters

Everyone has different working styles and different ways that they want to receive information and give out information. Once we know the 4 styles, we can start to identify how to give out information or make requests so we get cooperation and better results.

During Your Team Meeting

Have copies of the *Team Challenge worksheet* printed for the meeting 📄👉

STEP 1. Get the discussion going:

- ? What are the 4 Personality Styles?
- ? Did you recognize the personality styles of different friends, family members, customers and teammates as you watched the video in this lesson?

STEP 2. Share your Personality Styles:

Have your team go around the room and share their Personality Styles. As each person shares, have everyone write their names in the box for their style on the Team Challenge sheet.

STEP 3. Ask a few questions that go a little deeper...

- ? How does learning the styles of our team help explain some of the dynamics on our team?
- ? What do we understand about each other now that will make working together easier going forward?

Discuss for about 5 minutes (longer is great if it's a good discussion and you have time). Close the session by asking some of the Session Wrap-up Prompts. 👉

Session Wrap-up Prompts

- Look at the bullet points in your style on the Team Challenge sheet. Circle the 2 you can't live without. Ask them to share.
- What is one thing you can do differently going forward to work better with each others' styles?
- We'll continue to cover personality styles for a few more lessons so we can get even more clarity.